



Australia's
Global
University



SOCW2003

Introduction to Social Work Counselling and Assessment

Term One // 2020

Course Overview

Staff Contact Details

Convenors

| Name | Email | Availability | Location | Phone |
|-------------------|---------------------|-------------------------------------|-----------------------|-----------|
| Dr Phillipa Evans | p.evans@unsw.edu.au | Please email to make an appointment | Morven Brown room 115 | 9385 8189 |

Tutors

| Name | Email | Availability | Location | Phone |
|--------------|--------------------------|-------------------------------------|----------|-------|
| Eva Benjamin | e.benjamin@unsw.edu.au | Please email to make an appointment | | |
| Jessie Chung | jessie.chung@unsw.edu.au | Please email to make an appointment | | |
| Tricia Ryan | p.ryan@unsw.edu.au | Please email to make an appointment | | |

School Contact Information

School of Social Sciences

Room 159

Morven Brown C20

email: soos@unsw.edu.au

phone: 02 9385 1807

Course Details

Credit Points 6

Summary of the Course

Subject Area: *Social Work*

This course introduces you to foundational social work skills and approaches central to developing effective client relationships. You will learn key relational Social Work counselling skills, including engagement, attending, reflective listening, empathy and asking questions. These skills constitute the bedrock of social work practice with clients regardless of the practice method used. You will also learn how to conduct a social work multi-dimensional client assessment identifying and producing a report on key domains which include presenting problems, relationships, social networks, risks faced by the person, strengths and suitable goals for counselling.

Course Learning Outcomes

1. Identify and define key concepts in Social Work counselling communication, engagement and assessment
2. Demonstrate skills of empathic engagement with clients
3. Critically appraise and reflect on own performance of counselling interview skills
4. Analyse case material to determine needs and issues experienced by potential service users and report these in line with social work counselling concepts
5. Formulate goals and plans for brief intervention in counselling

Teaching Strategies

Students participating in this course will be encouraged to engage with specialised knowledge on counselling based in the principles and ethos of professional social work practice. Students engage with the material through extensive active practice opportunities in class via role play, as well as reading, research, critical class discussion, and interaction with the lecturer and class teachers.

Assessment

Assessment Tasks

| Assessment task | Weight | Due Date | Student Learning Outcomes Assessed |
|--|--------|---------------------|------------------------------------|
| Interview Analysis | 50% | 27/03/2020 11:55 PM | 2,3 |
| Client multi-dimensional assessment report | 50% | 01/05/2020 11:55 PM | 1,4,5 |

Assessment Details

Assessment 1: Interview Analysis

Start date: Not Applicable

Length: 2,000 words plus 5 minute video interview filmed in class

Details: This two part assessment involves i) students submitting a video demonstration of key skills including active listening, empathy and effective questioning and; ii) a 2000 word critical analysis and self reflection on the interview submitted. Both the video and self reflection are submitted and assessed together. Comments, rubric (Moodle), 2 weeks post due date.

Submission notes: Videos are to be uploaded submitted via onedrive

Turnitin setting: This assignment is submitted through Turnitin and students can see Turnitin similarity reports.

Assessment 2: Client multi-dimensional assessment report

Start date:

Details: Students develop a 2000-word client assessment report based on podcast interviews which includes a family genogram, and assessment of client issues, functioning, relationships, social networks, cultural and societal context, risks, strengths, and goals for counselling intervention. Comments, rubric (Moodle), 2 weeks post due date. This is the final assessment for this course, for attendance purposes.

Attendance Requirements

The School of Social Sciences expects that students will attend and participate actively in 100% of learning and teaching activities. Mandatory attendance of classes for this course is part of the accreditation requirements for the BSW (Hons) program. The course is designed to provide essential learning in each seminar, this means you must attend all 10 seminars.

If you are unable to attend a class, you must email your course tutor and the course convenor at your earliest convenience. If you attend less than 80% of classes, you may be refused final assessment. This means that if you do not attend at least 80% of possible classes your final assignment or exam may receive a mark of zero. You are responsible for keeping track of your attendance and contacting your course convenor (Phillipa Evans) immediately if you are concerned about your attendance record and its impact on your ability to complete your course successfully. The final assessment for this course is worth 50% of your overall grade for this course. This is the assessment item that will be graded at zero if you do not meet the attendance requirement.

Course Schedule

[View class timetable](#)

Timetable

| Date | Type | Content |
|-----------------------------------|----------|--|
| Week 1: 17 February - 21 February | Lecture | Introduction to counselling in social work |
| | Tutorial | Empathy as a counselling tool |
| Week 2: 24 February - 28 February | Lecture | Helping relationships |
| | Tutorial | Skills audit |
| Week 3: 2 March - 6 March | Lecture | Asking effective questions in counselling |
| | Tutorial | Developing sound questions in counselling |
| Week 4: 9 March - 13 March | Lecture | First interview |
| | Tutorial | Conducting interviews for Assessment 1 |
| Week 5: 16 March - 20 March | Lecture | Multi-dimensional client assessments |
| | Tutorial | Using an assessment framework |
| Week 6: 23 March - 27 March | Lecture | Individual and environmental factors in client assessment |
| | Tutorial | Using a client assessment framework |
| Week 7: 30 March - 3 April | Lecture | Creating genograms |
| | Tutorial | Family interviews and using genograms |
| Week 8: 6 April - 10 April | Lecture | Family Relationships |
| | Tutorial | Family interviews 2 Please note Friday classes have been rescheduled to Tuesday week 11 due to the public holiday |
| Week 9: 13 April - 17 April | Lecture | Risk assessment |
| | Tutorial | Using risk assessment tools |
| Week 10: 20 April - 24 April | Lecture | Goals and brief intervention |
| | Tutorial | Contracting and goal setting |

| | | |
|-------------------------------------|-----------------|---|
| <p>Week 11: 27 April - 28 April</p> | <p>Tutorial</p> | <p>Family interviews 2</p> <p>Please note this is a rescheduled class from Week 8. Students in tutorial the following tutorial groups are required to attend this make up tutorial:</p> <p>Friday 9am-11am Friday 11am-1pm</p> <p>Friday 2pm-4pm Friday 4pm-6pm</p> |
|-------------------------------------|-----------------|---|

Resources

Prescribed Resources

To be advised

Recommended Resources

BOOKS

Ivey A, and Bradford Ivey, M. (2003) *Intentional Interviewing And Counselling : Facilitating Client Development In A Multicultural Society* 5th ed.,: Thomson/Brooks/Cole Pacific Grove, Calif. (esp Chapter 3 Questions, Opening Communication pp. 65-85 in and Chapter 7 Integrating listening skills: How to conduct the well formed interview pp.190-208) (HUC)

OTHER READINGS

Berg, Insoo Kim, (1994) *Useful Questions and Other Interviewing Techniques in Family Based Services: A Solution-Focused Approach* Norton, USA Ch. 6, pp.84-104

Egan, G. (2006) Ch. 3 *The helping relationship: Values in action Essentials of Skilled Helping*, Thompson/Wadsworth pp. 47-73

Granello, D, H, (2010) *The Process of Suicide Risk Assessment: Twelve Core Principles*, *Journal of Counseling and Development* 88 (3) (Summer 2010): 363-371

Bickerton, Hense et al (2007) "Safety First A Model of Care for Working Systemically With High Risk Young People and Their Families in an Acute CAMHS Service" *Australian and New Zealand Journal of Family Therapy* 28 (3) pp. 121–129

Cooper, M. & Lesser, J. (2005) Ch. 4. *The psychosocial study – the product of assessment*, in *Clinical Social Work Practice, An Integrated Approach*, 2nd Ed. Allyn & Bacon, USA. Pp. 45-63

Fine, S. & Glasser, P. (1996) *On Rules, Goals and Contracts in The First Helping Interview: Engaging the Client and Building Trust*, Sage, USA Ch. 6, pp.79-92

McGoldrick, M., Gerson, R. & Shellenberger, S., (1999) *Developing a Genogram to Track Family Patterns*, in *Genograms: Assessment & Intervention* ,Norton, N.Y. Ch. 2. pp. 13-45

Sheafor B. & Horesji, C. (2003) Ch. 8, *Basic Communication & Helping Skills*, in *Techniques and Guidelines for Social Work Practice*, 6th Ed., pp. 134-165, Allen and Unwin, Boston

Course Evaluation and Development

Student feedback will be gathered in class and using the MyExperience surveys at the end of semester.

Based on feedback received in previous years, more targeted and shorter readings have been introduced; more information on assessment tasks provided; and criteria for the second assignment have been made more specific

Submission of Assessment Tasks

Submission of Assessment Tasks

Turnitin Submission

If you encounter a problem when attempting to submit your assignment through Turnitin, please telephone External Support on 9385 3331 or email them on externalteltsupport@unsw.edu.au . Support hours are 8:00am – 10:00pm on weekdays and 9:00am – 5:00pm on weekends (365 days a year). If you are unable to submit your assignment due to a fault with Turnitin you may apply for an extension, but you must retain your ticket number from External Support (along with any other relevant documents) to include as evidence to support your extension application. If you email External Support you will automatically receive a ticket number, but if you telephone you will need to specifically ask for one. Turnitin also provides updates on their system status on Twitter.

Generally, assessment tasks must be submitted electronically via either Turnitin or a Moodle assignment. In instances where this is not possible, it will be stated on your course's Moodle site with alternative submission details.

For information on how to submit assignments online via Moodle: <https://student.unsw.edu.au/how-submit-assignment-moodle>

Academic Honesty and Plagiarism

Plagiarism is using the words or ideas of others and presenting them as your own. It can take many forms, from deliberate cheating to accidentally copying from a source without acknowledgement.

UNSW groups plagiarism into the following categories:

Copying: using the same or very similar words to the original text or idea without acknowledging the source or using quotation marks. This also applies to images, art and design projects, as well as presentations where someone presents another's ideas or words without credit.

Inappropriate paraphrasing: Changing a few words and phrases while mostly retaining the original structure and/or progression of ideas of the original, and information without acknowledgement. This also applies in presentations where someone paraphrases another's ideas or words without credit and to piecing together quotes and paraphrases into a new whole, without appropriate referencing.

Collusion: working with others but passing off the work as a person's individual work. Collusion also includes providing your work to another student before the due date, or for the purpose of them plagiarising at any time, paying another person to perform an academic task, stealing or acquiring another person's academic work and copying it, offering to complete another person's work or seeking payment for completing academic work.

Inappropriate citation: Citing sources which have not been read, without acknowledging the "secondary" source from which knowledge of them has been obtained.

Duplication ("self-plagiarism"): submitting your own work, in whole or in part, where it has previously been prepared or submitted for another assessment or course at UNSW or another university.

Correct referencing practices:

- Paraphrasing, summarising, essay writing and time management
- Appropriate use of and attribution for a range of materials including text, images, formulae and concepts.

Individual assistance is available on request from The Learning Centre (<http://www.lc.unsw.edu.au/>). Students are also reminded that careful time management is an important part of study and one of the identified causes of plagiarism is poor time management. Students should allow sufficient time for research, drafting and proper referencing of sources in preparing all assessment items.

UNSW Library also has the ELISE tool available to assist you with your study at UNSW. ELISE is designed to introduce new students to studying at UNSW but it can also be a great refresher during your study.

Completing the ELISE tutorial and quiz will enable you to:

- analyse topics, plan responses and organise research for academic writing and other assessment tasks
- effectively and efficiently find appropriate information sources and evaluate relevance to your needs
- use and manage information effectively to accomplish a specific purpose
- better manage your time

- understand your rights and responsibilities as a student at UNSW
- be aware of plagiarism, copyright, UNSW Student Code of Conduct and Acceptable Use of UNSW ICT Resources Policy
- be aware of the standards of behaviour expected of everyone in the UNSW community
- locate services and information about UNSW and UNSW Library

Some of these areas will be familiar to you, others will be new. Gaining a solid understanding of all the related aspects of ELISE will help you make the most of your studies at UNSW.

<http://subjectguides.library.unsw.edu.au/elise/aboutelise>

Academic Information

For essential student information relating to:

- requests for extension;
- late submissions guidelines;
- review of marks;
- UNSW Health and Safety policies;
- examination procedures;
- special consideration in the event of illness or misadventure;
- student equity and disability;
- and other essential academic information, see

<https://www.arts.unsw.edu.au/current-students/academic-information/protocols-guidelines/>

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