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# **SOCF5108**

Therapeutic Contexts and Relationships

Term One // 2020

## Course Overview

### Staff Contact Details

#### Convenors

Name	Email	Availability	Location	Phone
Jane Mowll	j.mowll@unsw.edu.au	Wednesday mornings and by appointment	MB 156	0411286997
Maureen MacGinley	maureen.macginley@unsw.edu.au	Thursday morning and by appointment	134	93858998

### School Contact Information

School of Social Sciences

Room 159

Morven Brown C20

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phone: 02 9385 1807

## **Course Details**

### **Credit Points 6**

### **Summary of the Course**

This first course of the Master of Counselling Social Work program will introduce you to the parameters of context and relationship in counselling and consider the generic social work orientation to clients' strengths and resilience. You will examine the importance of the specificity of contexts of therapy and contextual and power issues in therapeutic relationships. You will also develop the capacity for cultural and diversity responsiveness in the context of contemporary social work counselling practice. You will also engage with issues in your own practice of use of self, engagement, empathy, containment, and boundaries.

### **Course Learning Outcomes**

1. Demonstrate awareness of a use of self in counselling.
2. Explain the effects of contextual issues in the therapeutic relationship
3. Identify and explore issues of engagement, empathy, containment, and boundaries within the counsellor-client relationship
4. Develop self reflexive practices with awareness of social and cultural diversity within the counselling relationship

### **Teaching Strategies**

The teaching strategies selected in this course aim to engage you with course material. This is achieved through discussion of readings and seminar content in regular face to face seminars with the whole group. The strategies also aim to assist you to integrate new knowledge and skills into your clinical practice. This is achieved through reflection and critical analysis of counselling practice as demonstrated in: excerpts (video/ online) of counselling sessions; case analyses and discussion of case vignettes; and exercises and role-play practice in the tutorial.

## Assessment

### Assessment Tasks

Assessment task	Weight	Due Date	Student Learning Outcomes Assessed
Reflection essay	40%	23/3/2020	1,4
Research essay	60%	28/4/2020	2,3

### Assessment Details

#### Assessment 1: Reflection essay

**Start date:** Not Applicable

**Length:** 1500

**Details:** Students will submit a critical reflection piece (max. 1500 words) on a on a topic relevant to the course material. Students will receive written feedback and a numerical grade within ten working days of submission. The feedback sheet/rubric will be available to students at the start of the course so that they can work towards specified standards.

#### Additional details:

Please see the course Moodle page for additional information on all assessment tasks.

**Turnitin setting:** This assignment is submitted through Turnitin and students can see Turnitin similarity reports.

#### Assessment 2: Research essay

**Start date:** Not Applicable

**Length:** 2,500

**Details:** Students will submit a research essay (max. 2500 words) on a topic relevant to the course material. Students will receive written feedback and a numerical grade within ten working days of submission. The feedback sheet/rubric will be available to students at the start of the course so that they can work towards specified standards. This is the final assessment for this course.

**Turnitin setting:** This assignment is submitted through Turnitin and students can see Turnitin similarity reports.

## Attendance Requirements

The School of Social Sciences expects that students will attend and participate actively in 100% of learning and teaching activities for this course (henceforth 'classes', to include lectures, tutorials, seminars, labs, online activities and so on).

In this course mandatory completion of on-line learning tasks and readings, as well as attendance at all scheduled face to face intensives and on-line classes is required.

In order to pass the course you must attend all face to face intensives. if you do not attend classes or you attend less than 80% of on-line requirements, you may be refused final assessment. You are responsible for keeping track of your attendance and contacting your course convenor Jane Mowll or tutor Maureen MacGinley immediately if you are concerned about your attendance record and its impact on your ability to complete your course successfully. For the purpose of attendance monitoring, the final assessment for this course is 60 % of your overall grade for this course. This is the assessment item that will be graded at zero if you do not meet the attendance requirement for this course

## Course Schedule

[View class timetable](#)

### Timetable

Date	Type	Content
Week 1: 17 February - 21 February	Topic	Completion of pre-term tasks (see Moodle). Welcome, introduction and orientation to the course. Topic: Common factors and resilience
Week 2: 24 February - 28 February	Topic	The therapeutic relationship and the use of self - part one.
Week 3: 2 March - 6 March	Topic	The therapeutic relationship and the use of self - Part Two.
	Intensive	Face to Face intensive Saturday March 7th 0900 - 1700
Week 4: 9 March - 13 March	Topic	The therapeutic relationship and the use of self - Part Three.
Week 6: 23 March - 27 March	Topic	The therapeutic relationship and use of self - Part Four.
	Intensive	Face to face Intensives Friday 27th March and Saturday 28th March, 0900 - 1700.  Topics: The therapeutic relationship and use of self- Part Five, and introduction to embedded counselling.
Week 8: 6 April - 10 April	Topic	Embedded Counselling.
Week 9: 13 April - 17 April	Topic	Counselling Practice and Theory
Week 10: 20 April - 24 April	Topic	Consolidation, review and evaluation.

# Resources

## Prescribed Resources

### Computer / technical Requirements

Moodle is the Learning Management System used at UNSW. All courses have a Moodle site which will become available to students at least one week before the start of semester. Please find all help and documentation (including Blackboard Collaborate) at the Moodle Support page.

UNSW Moodle supports the following web browsers:

- Google Chrome 50+
- Safari 10+

(Internet Explorer is not recommended; Add-ons and Toolbars can affect any browser's performance)

Operating systems recommended are: Windows 7, 10, Mac OSX Sierra, iPad IOS10

For further details about system requirements click here. Log in to Moodle here.

### **For our Blackboard Collaborate tutorials, you will require:**

- a headset with a microphone (and a camera, if you wish)
- a broadband internet connection (256Kbit/sec or faster)

### **If you need further assistance with Moodle:**

For enrolment and login issues please contact: IT Service Centre

Email: [itservicecentre@unsw.edu.au](mailto:itservicecentre@unsw.edu.au)

Phone: (02) 9385 1333

International: +61 2 9385 1333

Support hours:

Monday – Friday 8:00am – 8:00 pm

Saturday & Sunday 11:00 am – 2:00pm

For all other Moodle issues please contact: External TELT Support

Email: [externalteltsupport@unsw.edu.au](mailto:externalteltsupport@unsw.edu.au)

Phone: (02) 9385 3331

International: +61 2 9385 3331

Support hours:

Monday – Friday 8:00am – 10:00 pm

Saturday & Sunday 9:00 am – 5:00pm

### Library and prescribed resources

All the core and additional readings are available from the course reading link on Moodle. You can access the readings and the course materials by logging on to the Moodle page for this course with your single sign on student login.

You must read each of the core readings each week, prior to scheduled activities. You may also wish to read the additional optional reading(s).

You will also be required to access additional material from the UNSW library. The UNSW Library website is accessed at: <http://www.library.unsw.edu.au>. You will also benefit from becoming familiar with Google Scholar

(<http://scholar.google.com>) as a key search engine for academic publications and reports. You can set

up the preferences to link to the UNSW Library even when you are not on campus. Go to Google Scholar> settings> library links, and enter 'University of New South Wales' in the box for "Library":

## **Recommended Resources**

You can sign up for Table of Contents (TOC) Alerts from the homepages of relevant journals, to receive an email whenever new articles are published in that journal. Journal websites will often carry information on the most viewed and most cited articles; these are likely to be interesting and often influential contributions. Google Scholar will also point you to articles that have cited a particular article and hence will be related to the topic.

**Links to additional resources, videos and texts will be discussed in class.**

## **Course Evaluation and Development**

Student evaluative feedback is gathered periodically using, among other means, UNSW's **myExperience** process. Informal feedback and class-generated feedback are also important. Student feedback is taken seriously, and continual improvements are made to the course based in part on such feedback. Significant changes to the course will be communicated to subsequent cohorts of students taking the course. In response to student feedback from the last time this course was taught, we have modified seminar content and structure.

## **Submission of Assessment Tasks**

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### **Turnitin Submission**

If you encounter a problem when attempting to submit your assignment through Turnitin, please telephone External Support on 9385 3331 or email them on [externalteltsupport@unsw.edu.au](mailto:externalteltsupport@unsw.edu.au) . Support hours are 8:00am – 10:00pm on weekdays and 9:00am – 5:00pm on weekends (365 days a year). If you are unable to submit your assignment due to a fault with Turnitin you may apply for an extension, but you must retain your ticket number from External Support (along with any other relevant documents) to include as evidence to support your extension application. If you email External Support you will automatically receive a ticket number, but if you telephone you will need to specifically ask for one. Turnitin also provides updates on their system status on Twitter.

Generally, assessment tasks must be submitted electronically via either Turnitin or a Moodle assignment. In instances where this is not possible, it will be stated on your course's Moodle site with alternative submission details.

For information on how to submit assignments online via Moodle: <https://student.unsw.edu.au/how-submit-assignment-moodle>



## Academic Honesty and Plagiarism

Plagiarism is using the words or ideas of others and presenting them as your own. It can take many forms, from deliberate cheating to accidentally copying from a source without acknowledgement.

UNSW groups plagiarism into the following categories:

**Copying:** using the same or very similar words to the original text or idea without acknowledging the source or using quotation marks. This also applies to images, art and design projects, as well as presentations where someone presents another's ideas or words without credit.

**Inappropriate paraphrasing:** Changing a few words and phrases while mostly retaining the original structure and/or progression of ideas of the original, and information without acknowledgement. This also applies in presentations where someone paraphrases another's ideas or words without credit and to piecing together quotes and paraphrases into a new whole, without appropriate referencing.

**Collusion:** working with others but passing off the work as a person's individual work. Collusion also includes providing your work to another student before the due date, or for the purpose of them plagiarising at any time, paying another person to perform an academic task, stealing or acquiring another person's academic work and copying it, offering to complete another person's work or seeking payment for completing academic work.

**Inappropriate citation:** Citing sources which have not been read, without acknowledging the "secondary" source from which knowledge of them has been obtained.

**Duplication ("self-plagiarism"):** submitting your own work, in whole or in part, where it has previously been prepared or submitted for another assessment or course at UNSW or another university.

Correct referencing practices:

- Paraphrasing, summarising, essay writing and time management
- Appropriate use of and attribution for a range of materials including text, images, formulae and concepts.

Individual assistance is available on request from The Learning Centre (<http://www.lc.unsw.edu.au/>). Students are also reminded that careful time management is an important part of study and one of the identified causes of plagiarism is poor time management. Students should allow sufficient time for research, drafting and proper referencing of sources in preparing all assessment items.

UNSW Library also has the ELISE tool available to assist you with your study at UNSW. ELISE is designed to introduce new students to studying at UNSW but it can also be a great refresher during your study.

Completing the ELISE tutorial and quiz will enable you to:

- analyse topics, plan responses and organise research for academic writing and other assessment tasks
- effectively and efficiently find appropriate information sources and evaluate relevance to your needs
- use and manage information effectively to accomplish a specific purpose
- better manage your time

- understand your rights and responsibilities as a student at UNSW
- be aware of plagiarism, copyright, UNSW Student Code of Conduct and Acceptable Use of UNSW ICT Resources Policy
- be aware of the standards of behaviour expected of everyone in the UNSW community
- locate services and information about UNSW and UNSW Library

Some of these areas will be familiar to you, others will be new. Gaining a solid understanding of all the related aspects of ELISE will help you make the most of your studies at UNSW.

<http://subjectguides.library.unsw.edu.au/elise/aboutelise>

## **Academic Information**

For essential student information relating to:

- requests for extension;
- late submissions guidelines;
- review of marks;
- UNSW Health and Safety policies;
- examination procedures;
- special consideration in the event of illness or misadventure;
- student equity and disability;
- and other essential academic information, see

<https://www.arts.unsw.edu.au/current-students/academic-information/protocols-guidelines/>

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