SOCF5102

Selected Practice Frameworks

Term Three // 2020
Course Overview

Staff Contact Details

Convenors

<table>
<thead>
<tr>
<th>Name</th>
<th>Email</th>
<th>Availability</th>
<th>Location</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jane Mowll</td>
<td><a href="mailto:j.mowll@unsw.edu.au">j.mowll@unsw.edu.au</a></td>
<td>Wednesday 10 - 1 PM or Fridays - by appointment</td>
<td>Morven Brown</td>
<td>0411286997</td>
</tr>
</tbody>
</table>

Lecturers

<table>
<thead>
<tr>
<th>Name</th>
<th>Email</th>
<th>Availability</th>
<th>Location</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kerrie James</td>
<td><a href="mailto:kerrie.james@unsw.edu.au">kerrie.james@unsw.edu.au</a></td>
<td>by appointment</td>
<td>Morven Brown</td>
<td></td>
</tr>
</tbody>
</table>

School Contact Information

School of Social Sciences

Room 159

Morven Brown C20

e-mail: soss@unsw.edu.au

phone: 02 9385 1807
Course Details

Credit Points 12

Summary of the Course

This course introduces you to selected key therapy frameworks (for example- family therapy, narrative, cognitive, behavioural, interpersonal-psychotherapy, and/or mindfulness- based frameworks) that may be used to inform contemporary social work counselling practice. You will develop a critical understanding of the theoretical and skills base of these frameworks and apply the ideas and practices to contexts of social work counselling. The interactive style of teaching in this course and the course assessment program will provide opportunities for you to develop more advanced capacities in reflective practice by identifying and developing the potential applications of ideas and practices from these frameworks to your own counselling practice.

Course Learning Outcomes

1. Critically apply social work theories relevant to selected counselling frameworks and practice
2. Utilise skills in relation to each therapy framework with individuals, couples, families, and groups.
3. Engage with critical, ethical, and reflective practice skills and knowledge in selected counselling frameworks
4. Experiment with counselling practices oriented to clients strengths and that promote resilience

Teaching Strategies

The teaching strategies selected in this course aim to engage you with course material and assist you to integrate new knowledge and skills into your clinical practice. This is achieved through discussion of readings, case analyses and discussion of case vignettes, exercises and role-play practice, as well as reflection and critical analysis of counselling practice demonstrated in excerpts (video/ online) of counselling sessions.
Assessment

Details about the assessments will be provided on Moodle and discussed during the intensive in week 1 of the course.

All assessments should be referenced in accordance with the School of Social Sciences Referencing Guide,

When you submit an assessment at UNSW, you are acknowledging that you have understood and abided by the University requirements in the preparation of that assessment item, in respect of student academic misconduct outlined in the Student Code Policy and Student Misconduct Procedures, both of which are available at: https://student.unsw.edu.au/conduct

You are also declaring that the assessment item is your own work, except where acknowledged, and has not been submitted for academic credit previously in whole or in part.

In addition, you submit the assessment in the knowledge that:

1. the course convenor may provide a copy of the assignment to another staff for the purposes of assessment or evaluation; and
2. a copy of this assessment item will be retained in the TurnItIn database or other UNSW databases and may be used in evaluations of originality.

Assessment Tasks

<table>
<thead>
<tr>
<th>Assessment task</th>
<th>Weight</th>
<th>Due Date</th>
<th>Student Learning Outcomes Assessed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Practice reflections</td>
<td>30%</td>
<td>5th October</td>
<td>1,2</td>
</tr>
<tr>
<td>Critical reflection</td>
<td>20%</td>
<td>26th October</td>
<td>3</td>
</tr>
<tr>
<td>Research essay</td>
<td>50%</td>
<td>23rd November</td>
<td>1,2,3,4</td>
</tr>
</tbody>
</table>

Assessment Details

Assessment 1: Practice reflections

Start date: Not Applicable

Length: 2500 words (10% margin)

Details:

Students will provide an essay (2500 words max) relevant to the course material.

The essay will include reflections on a selected counselling practice.

Students will receive written feedback and a numerical grade within ten working days of submission. The feedback sheet/rubric will be available to students at the start of the course so that they can work
towards specified standards.

Additional details:

Details of assessment will be provided via Moodle at commencement of course

Submission notes: Due date /time will be confirmed at commencement of course

Turnitin setting: This assignment is submitted through Turnitin and students can see Turnitin similarity reports.

Assessment 2: Critical reflection

Start date: Not Applicable

Details:

Students will submit a critical reflection (1500 words max) on a topic relevant to the course material.

Students will receive written feedback and a numerical grade within ten working days of submission. The feedback sheet/rubric will be available to students at the start of the course so that they can work towards specified standards.

Additional details:

Note this assessment will require tasks in weeks 4-7 - Details will be provided via Moodle at commencement of course.

Submission notes: Due date/time will be confirmed on commencement of course

Turnitin setting: This is not a Turnitin assignment

Assessment 3: Research essay

Start date: Not Applicable

Details:

Students will submit a research essay (max. 4000 words) on a topic relevant to the course material.

The research essay will include applying selected counselling knowledge and / or frameworks to specific client situation(s)

Students will receive written feedback and a numerical grade within ten working days of submission. The feedback sheet/rubric will be available to students at the start of the course so that they can work towards specified standards.

This is the final assessment for the course
Additional details:

details of this assessment will be available on commencement of the course

Submission notes: Due date/time will be confirmed at commencement of course

Turnitin setting: This assignment is submitted through Turnitin and students can see Turnitin similarity reports.
Attendance Requirements

Attendance at all face to face intensives and Zoom classes, engagement with online lectures and with structured online activities is required. Students who have COVID-19 concerns about face to face attendance should contact the course convenor in writing to organise remote attendance prior to course commencement or at the earliest possible opportunity.

Course Schedule

View class timetable

Timetable

<table>
<thead>
<tr>
<th>Date</th>
<th>Type</th>
<th>Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>O Week: 8 September - 9 September</td>
<td>Reading</td>
<td>Readings for CBT and Mindfulness modules</td>
</tr>
<tr>
<td>Week 1: 14 September - 18 September</td>
<td>Intensive</td>
<td>CBT and Introduction to Mindfulness. Intensive Friday 18th September 0900-1700</td>
</tr>
<tr>
<td>Week 2: 21 September - 25 September</td>
<td>Module</td>
<td>CBT. Zoom Class - Wednesday 5 PM</td>
</tr>
<tr>
<td>Week 3: 28 September - 2 October</td>
<td>Module</td>
<td>Family Therapy. Zoom class Wednesday 5 PM</td>
</tr>
<tr>
<td>Week 4: 5 October - 9 October</td>
<td>Module</td>
<td>Family Therapy: Intensives Firday 9th October and Saturday 10th October 0900-1700</td>
</tr>
<tr>
<td>Week 5: 12 October - 16 October</td>
<td>Reading</td>
<td>Reading consolidation</td>
</tr>
<tr>
<td>Week 6: 19 October - 23 October</td>
<td>Module</td>
<td>Interpersonal Psychotherapy (IPT). Zoom Class Wednesday 5 PM</td>
</tr>
<tr>
<td>Week 7: 26 October - 30 October</td>
<td>Module</td>
<td>Interpersonal Psychotherapy (IPT). Intensives Friday 30th and Saturday 31st 0900-1700</td>
</tr>
<tr>
<td>Week 8: 2 November - 6 November</td>
<td>Reading</td>
<td>Reading consolidation</td>
</tr>
<tr>
<td>Week 9: 9 November - 13 November</td>
<td>Module</td>
<td>Frameworks consolidation/ review</td>
</tr>
<tr>
<td>Week 10: 16 November - 20 November</td>
<td>Module</td>
<td>Integration and review. ZOOM class Wednesday 5 PM</td>
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Resources

Prescribed Resources

The reading program is a central part of the learning for this course and you will need to plan time for reading to complement and support your learning in online lectures, face to face intensives and Zoom classes. As a 12 unit course at masters level, there is simply no learning substitute for each student engaging with foundational reading. **It is very important that the reading is completed before each module/class.** All the core and additional readings are available from Leganto – an online hub for course materials. You can access Leganto and the course materials by logging on to the Moodle page for this course with your single sign on student login. You must read each of the core readings prior to class each week. You may also wish to read the additional optional reading(s).

In addition there are key texts for each framework, noted in recommended resources below. These are available from the library or you may wish to purchase these in hard copy or as ereaders.

You can also source material from the UNSW Library and the website is accessed at: https://www.library.unsw.edu.au/.

You may wish to sign up for Table of Contents (TOC) Alerts from the homepages of relevant journals, to receive an email whenever new articles are published in that journal. Journal websites will often carry information on the most viewed and most cited articles; these are likely to be interesting and often influential contributions. Google Scholar will also point you to articles that have cited a particular article and hence will be related to the topic. **Links to additional resources, vidoes and texts will be discussed in class.**

Recommended Resources

The following texts are recommended - key texts in Bold*(There are also further texts and readings, further information provided on Moodle and / or in class)


We will also be drawing on Weissman, Myrna M, John C Markowitz and Gerald L Klerman, The Guide to Interpersonal Psychotherapy (Oxford University Press, Updated and expanded edition., 2018), which is also available as an ebook via the library

*Rhodes, Paul and Andrew Wallis, A Practical Guide to Family Therapy : Structured Guidelines and Key Skills (IP Communications, 2011) Note: This book is only available in hardcopy via the library- it can be purchased from the UNSW bookshop.

Shapiro, S. L. (2017a). The art and science of mindfulness : integrating mindfulness into psychology and the helping professions / (L. E. Carlson & J. Kabat-Zinn, Eds.; Second edition., p. 1 online resource (203 pages)). American Psychological Association. Avaliable as ebook from the library. it can also be
purchased from the UNSW bookshop.


Course Evaluation and Development

Student evaluative feedback is gathered periodically using, among other means, UNSW’s myexperience process. Informal feedback and class-generated feedback are also important. Student feedback is taken seriously, and continual improvements are made to the course based in part on such feedback. Significant changes to the course will be communicated to subsequent cohorts of students taking the course. In response to student feedback from the last time this course was taught, we have modified seminar content and structure.
Submission of Assessment Tasks

Turnitin Submission

If you encounter a problem when attempting to submit your assignment through Turnitin, please telephone External Support on 9385 3331 or email them on externalteltsupport@unsw.edu.au. Support hours are 8:00am – 10:00pm on weekdays and 9:00am – 5:00pm on weekends (365 days a year). If you are unable to submit your assignment due to a fault with Turnitin you may apply for an extension, but you must retain your ticket number from External Support (along with any other relevant documents) to include as evidence to support your extension application. If you email External Support you will automatically receive a ticket number, but if you telephone you will need to specifically ask for one. Turnitin also provides updates on their system status on Twitter.

Generally, assessment tasks must be submitted electronically via either Turnitin or a Moodle assignment. In instances where this is not possible, it will be stated on your course’s Moodle site with alternative submission details.

For information on how to submit assignments online via Moodle: https://student.unsw.edu.au/how-submit-assignment-moodle
Academic Honesty and Plagiarism

Plagiarism is using the words or ideas of others and presenting them as your own. It can take many forms, from deliberate cheating to accidentally copying from a source without acknowledgement.

UNSW groups plagiarism into the following categories:

Copying: using the same or very similar words to the original text or idea without acknowledging the source or using quotation marks. This also applies to images, art and design projects, as well as presentations where someone presents another’s ideas or words without credit.

Inappropriate paraphrasing: Changing a few words and phrases while mostly retaining the original structure and/or progression of ideas of the original, and information without acknowledgement. This also applies in presentations where someone paraphrases another’s ideas or words without credit and to piecing together quotes and paraphrases into a new whole, without appropriate referencing.

Collusion: working with others but passing off the work as a person’s individual work. Collusion also includes providing your work to another student before the due date, or for the purpose of them plagiarising at any time, paying another person to perform an academic task, stealing or acquiring another person’s academic work and copying it, offering to complete another person’s work or seeking payment for completing academic work.

Inappropriate citation: Citing sources which have not been read, without acknowledging the "secondary" source from which knowledge of them has been obtained.

Duplication ("self-plagiarism"): submitting your own work, in whole or in part, where it has previously been prepared or submitted for another assessment or course at UNSW or another university.

Correct referencing practices:

- Paraphrasing, summarising, essay writing and time management
- Appropriate use of and attribution for a range of materials including text, images, formulae and concepts.

Individual assistance is available on request from The Learning Centre (http://www.lc.unsw.edu.au/). Students are also reminded that careful time management is an important part of study and one of the identified causes of plagiarism is poor time management. Students should allow sufficient time for research, drafting and proper referencing of sources in preparing all assessment items.

UNSW Library also has the ELISE tool available to assist you with your study at UNSW. ELISE is designed to introduce new students to studying at UNSW but it can also be a great refresher during your study.

Completing the ELISE tutorial and quiz will enable you to:

- analyse topics, plan responses and organise research for academic writing and other assessment tasks
- effectively and efficiently find appropriate information sources and evaluate relevance to your needs
- use and manage information effectively to accomplish a specific purpose
- better manage your time
• understand your rights and responsibilities as a student at UNSW
• be aware of plagiarism, copyright, UNSW Student Code of Conduct and Acceptable Use of
  UNSW ICT Resources Policy
• be aware of the standards of behaviour expected of everyone in the UNSW community
• locate services and information about UNSW and UNSW Library

Some of these areas will be familiar to you, others will be new. Gaining a solid understanding of all the
related aspects of ELISE will help you make the most of your studies at UNSW.
http://subjectguides.library.unsw.edu.au/elise/aboutelise
Academic Information

For essential student information relating to:

- requests for extension;
- late submissions guidelines;
- review of marks;
- UNSW Health and Safety policies;
- examination procedures;
- special consideration in the event of illness or misadventure;
- student equity and disability;
- and other essential academic information, see

https://www.arts.unsw.edu.au/current-students/academic-information/protocols-guidelines/

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CRICOS

CRICOS Provider Code: 00098G

Acknowledgement of Country

We acknowledge the Bedegal people who are the traditional custodians of the lands on which UNSW Kensington campus is located.