

## THE COMPLEX SUPPORT NEEDS PLANNING RESOURCE KIT

### What is it?

*Being a planner with a person with disability and complex support needs* is a planning resource kit intended to strengthen existing good practice and to provide guidance for engaging a person with complex support needs in planning. The term 'complex support needs' captures the multiple interlocking experiences and factors that span disability, health, behavioural and social issues over the life course. 'Complexity' is a product of individual life situations and the failure of support structures to respond appropriately over time.

### Who is it for?

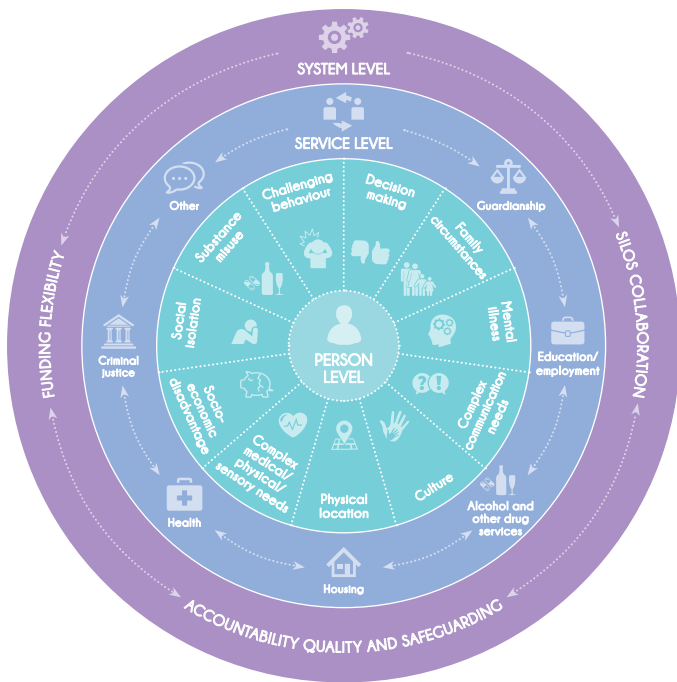
The kit will be useful for workers in planning or related roles, such as case managers or service coordinators, who engage with people with complex support needs. The kit was developed in response to recognition that people with complex support needs are likely to require more intensive and coordinated support for a longer duration than other people with disability. In recognition of the overlapping aspects of complexity, an ecological approach is applied in the kit, taking into consideration person, service and system level domains.

### What is in it?

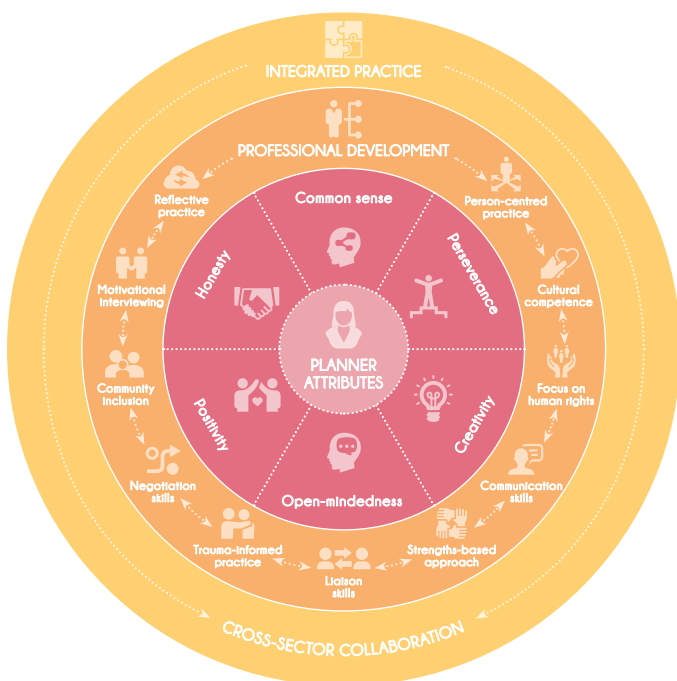
The kit is intended for use in conjunction with other planning tools and resources appropriate to the person, the planner, the service sector and the broader context in which the planning is undertaken. The kit identifies planning as a three-stage process:

- » Stage 1: Pre-planning
- » Stage 2: Planning conversations
- » Stage 3: Plan-to-action

Each of these stages is described in the kit with explanatory notes and a case study example to assist the user to apply the concepts to their planning role.



Planning with a person with complex support needs involves recognising and addressing the intersection of complexity at person, service and system levels. Person level refers to the circumstances of an individual with disability that contribute to complex support needs. Service level refers to the organisations that provide mainstream, community and specialist services and supports. The system level refers to the overarching legislation and policy content in which services are framed, resourced and delivered.



Planners will draw on personal attributes and values and need professional development, such as training, supervision, mentoring and networking, as well as systems that support integrated practice. As it is not always possible to know in advance what particular skill will be called upon, planners need to be highly skilled across a broad range of areas and know how to access specialist expertise when needed.

## How can I get it?

The Planning Resource Kit can be downloaded at:  
[arts.unsw.edu.au/research/intellectual-disability-behaviour-support-program](https://arts.unsw.edu.au/research/intellectual-disability-behaviour-support-program)

Contact [idbs@unsw.edu.au](mailto:idbs@unsw.edu.au) for more information or to inquire about training

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